



Positive Thinking Express: Know How to Think Positive No Matter What (Paperback)

By Knowit Express, Elodie Laurent

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Get on the EXPRESS for Positive Thinking Know How to Think Positive No Matter What It s always sunny in Philadelphia, but why aren t you? Not feeling the sunny side are you now? Well, don t let this dark cloud looming over your head ruin your day! Basically, you are controlled by your moods and because of the daily grind of everyday life, your moods can spiral out of hand and fill you with negativity: What if this goes bad?, What if they don t like me? What if I mess up?, etc. Such negative thoughts can only have negative consequences of needless distraction, poor productivity, and wasted energy and time upon your day. Thus, don t let negativity beat you around! The good news is, you can always redirect how you feel from negative to positive. We re talking about positive thinking. If you are controlled by your moods, your moods can be controlled by your thoughts at will. By thinking positively you can neutralize any and all sorts of negativity from your life because why settle for...



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