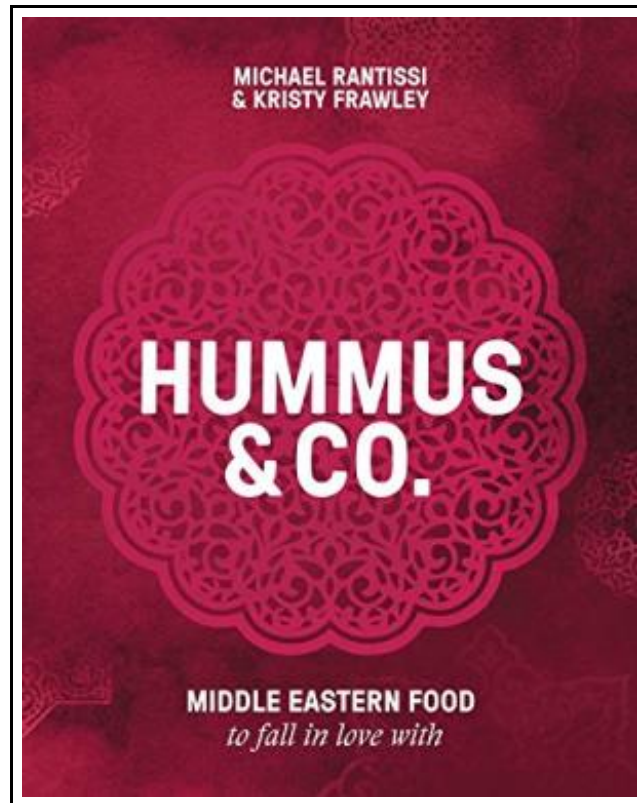


Hummus and Co: Middle Eastern Food to Fall in Love with (Hardback)



Filesize: 2.37 MB

Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

HUMMUS AND CO: MIDDLE EASTERN FOOD TO FALL IN LOVE WITH (HARDBACK)



MURDOCH BOOKS, Australia, 2017. Hardback. Condition: New. Language: English . Brand New Book. Let Hummus + Co invite you into its generous heart, full of love, laughter and great food for sharing with friends and family. The 140+ recipes for fresh greens and vegetables, grains, fish, chicken and meat, are bursting with zesty flavour - perfect for a lazy weekend brunch, a family barbeque with fresh, bountiful salad vegetables and legumes, or a Sunday slow-roasted, cumin and coriander spiced lamb shoulder, with Persian cranberry rice pilaf and tangy vegetables. There are midweek dishes that the family will love - cook-ahead Moussaka or Persian meatball soup, and plenty of dips, relishes, rubs and spreads from Israel, Iraq, Lebanon and Turkey that turn a simple piece of fish or meat into a feast for the senses. There are authentic teas and sweet treats that are beyond dreamy - Persian love cake, Candied sesame seed bars, Pistachio and rosewater cake with plums and mascarpone. Possibly most sublime of all, there are incredible vegan and vegetarian dishes that bring vegetables front and centre - why eat plain veg when you can choose from Green beans with goat s cheese, almonds and a spritz of lemon juice, or Steamed leeks with spinach and haloumi, Broccolini pangrattato, Scorched onions with pomegranate molasses and haloumi or an Asparagus, pea and feta tart? And of course there s the perfect hummus recipe, guaranteed to bring everyone to the table. Come sit down, you re invited.



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